

A Short Eucharist

By T Polyphilus, *Ep. Gn.*
1 May 2008 e.v.

The following is a Thelemic Eucharist for individual daily practice. Unlike Liber XLIV (developed by the Prophet for nearly the same purpose), it does not require celebration at sunset, although it will be most effective if enacted consistently at a particular hour. It also accommodates multiple communicants, so it is especially suitable for shared household use.

Like the Gnostic Mass, this ceremony incorporates eucharistic formulae of several types, but its principal expression is in the formula of two elements.

There is a square central altar—preferably a double cube—with a lit candle on the sunward corner. (The direction will thus vary according to the time of day chosen.) Next to the candle, toward the center of the altar, is the incense. On the corner opposite the candle is a small bowl of water. On the nearest corner clockwise from the candle is a small paten with cakes of light. On the corner opposite the paten is a covered cup, full of red wine. The CELEBRANT stands at the corner with the water, with *The Book of the Law* held at the breast.

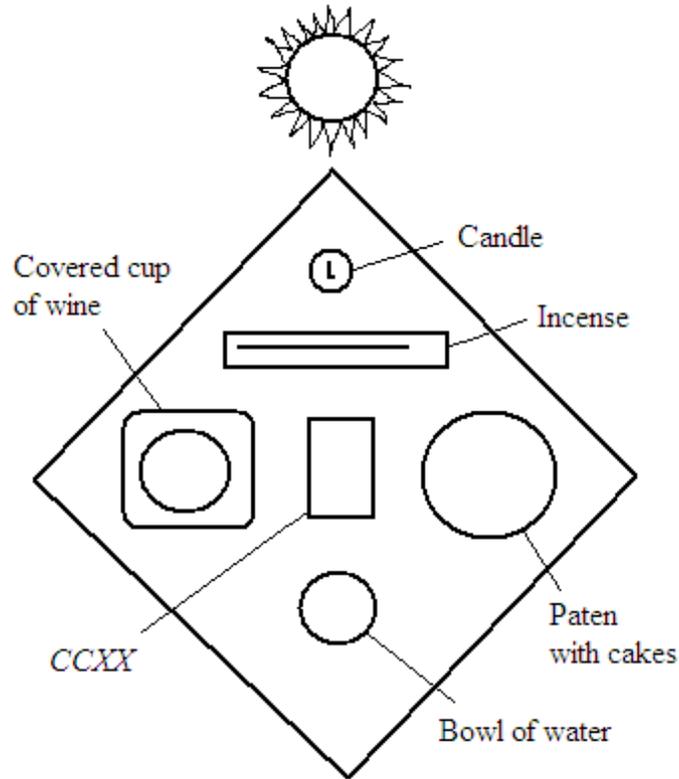
If there are others present, they take the office of RESPONDENTS. They have seats ranged in a circle several feet from the altar. In that case, there is also an empty seat for the CELEBRANT, who otherwise stands throughout.



CELEBRANT: Do what thou wilt shall be the whole of the Law. (CCXXI:40)

ALL: Love is the law, love under will. (CCXXI:57)

CELEBRANT kisses the book eleven times, and places it in the center of the altar. Note that the objects on the altar are the components of two different hexagrams. The candle flame and bowl of water are the ascending and descending triangles of the Hexagram of Nature. The consecrated wine and cake are the ascending and descending triangles of the Hexagram of Magick. To the extent that these hexagrams both express a polarity of fire and water, the items at the center of the altar represent two different aspects of air: the incense as aspiration, and Liber Legis as inspiration. Earth and spirit are both reflected in the person of the celebrant. The altar-top should now resemble the following diagram:



ALL: I do confess the Lordship of the One
Most holy Chaos, secret of the sun;
And Babalon, dam of humanity,
She in whom we all shall rest finally;
And that sublime and awful Baphomet,
The lion and the serpent burning yet;
And One Thelemic Church within whose shrine
Our Gnosis joins the human and divine,
Just as the saints of old—and present day—
Embody and emit the solar ray;
And just as matter becomes life in me
Mass is a miracle in that degree;
And there is but a single lustral birth
By which high Wisdom ratifies our worth;
So at the last, my life eternally
Was ever one, is now, and yet shall be.
AUMGN. AUMGN. AUMGN.

CELEBRANT stands in the sign of Auramoith.

CELEBRANT: For pure will, unassuaged of purpose, delivered from the lust of result, is every way perfect. (CCXXI:44)

CELEBRANT *visualizes sat chakras opening from sahasrara down to muladhara.*

CELEBRANT *stands in the sign of Toum-aesch-neith.*

CELEBRANT: I am uplifted in thine heart; and the kisses of the stars rain hard upon thy body.
(CCXXI:62)

CELEBRANT *visualizes a serpent twining up the sushumna from muladhara to sahsrara.*

CELEBRANT *lights incense.*

ALL: Above, the gemmed azure is
The naked splendour of Nuit;
She bends in ecstasy to kiss
The secret ardours of Hadit.
The winged globe, the starry blue,
Are mine, O Ankh-af-na-khonsu! (CCXXI:14)

CELEBRANT: Do what thou wilt shall be the whole of the Law. (CCXXI:40)

[RESPONDENT(s): What is thy will?]

CELEBRANT: It is my will to consummate this Eucharist.

[RESPONDENT(s): To what end?]

CELEBRANT: That I may fortify my gross and subtle bodies thereby.

[RESPONDENT(s): To what end?]

CELEBRANT: That I may accomplish the Great Work.

ALL: Love is the law, love under will. (CCXXI:57)

RESPONDENTS *sit.*

CELEBRANT *takes up a cake of light from the paten, breaks it in two and replaces it.*

CELEBRANT: In the brown cakes of corn we shall taste the food of the world, and be strong.
(VII IV:20)

CELEBRANT *makes the ficus (thumb between clenched index and medius of right hand), and traces invoking pentagram of active spirit over the paten.*



CELEBRANT: THELEMA.

CELEBRANT *kisses the ficus toward the paten.*

CELEBRANT *uncovers the cup with left hand, genuflects, sprinkles a few drops of water into the cup with the right hand, and recovers the cup.*

CELEBRANT: In the ruddy and awful cup of death we shall drink the blood of the world, and be drunken! (VII IV:21)

CELEBRANT *makes the ficus, and traces invoking pentagram of passive spirit over the cup.*



CELEBRANT: AGAPE.

CELEBRANT *kisses the ficus toward the cup.*

CELEBRANT *stands upright, feet together, left arm at side, right arm across body, holding the right hand at the heart with fingers clenched and thumb extended upwards.*

CELEBRANT: I. N. R. I.

Yod. Nun. Resh. Yod.

Virgo, Isis, Mighty Mother.

Scorpio, Apophis, Destroyer.

Sol, Osiris, Slain and Risen.

Isis, Apophis, Osiris, IAO.

CELEBRANT *then makes the various signs named:*

The sign of Osiris Slain.

The sign of the Mourning of Isis.

The sign of Apophis and Typhon.

The sign of Osiris Risen.

CELEBRANT *makes the Signs of Osiris Slain and Risen.*

L.V.X., Lux, the Light of the Cross.

CELEBRANT *stands with hands raised overhead, palms forward.*

CELEBRANT: O Thou Unity of all things: as the sun that rolleth through the twelve mansions of the skies, so art Thou, O God my God. I cannot slay Thee, for Thou art everywhere; lo! though I lick up the Boundless Light, the Boundless, and the Not, there still shall I find Thee, Thou Unity of Unities, Thou Oneness, O Thou perfect Nothingness of Bliss! (DCCCCLXIII, Unity of the Twelve Unifications of God)

[**RESPONDENT(s):** We adore Thee, Evoe! We adore Thee, IAO!]

ALL: AUMGN. AUMGN. AUMGN.

CELEBRANT *extends open hands over the altar.*

CELEBRANT: Lord of Creation, bless unto us this bread and blood, for the accomplishment of our wills, yea, the accomplishment of our wills.¹

ALL: So mote it be.

CELEBRANT uncovers the cup, genuflects, rises. He takes a portion of the broken cake, and removes a small particle. He lifts the cup in his left hand to hold it before his face. He takes the particle in his right hand and drops it into the cup, while whispering across the opening of the cup.

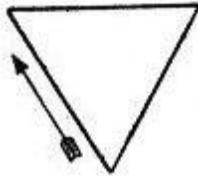
CELEBRANT: ABRAHADABRA!

CELEBRANT holds the cup at heart level, with right hand above it, palm down.

CELEBRANT: All must be destroyed, that All may be begotten.

(Little Essays Toward Truth, Understanding)

CELEBRANT takes the two pieces of the broken cake and traces with them a downward triangle, beginning at the bottommost point and moving clockwise, and visualizing it in red.

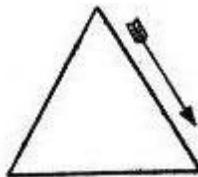


CELEBRANT: Mine is the descending tongue of grace.

(CCCXXXIII ch. 69)

CELEBRANT eats the cake.

CELEBRANT takes the cup and traces with it an upward triangle, beginning at the topmost point and moving clockwise, and visualizing it in blue.



CELEBRANT: Mine is the ascending tongue of prayer.

(CCCXXXIII ch. 69)

CELEBRANT drinks from the cup, and replaces it.

CELEBRANT stands in the posture of Osiris Risen.

CELEBRANT: I am clothed with the body of flesh; I am one with the Eternal and Omnipotent God. *(LXVI:53)*

¹ A celebrant without respondents may say, "...unto me...my will...."

RESPONDENTS *communicate in turn after the CELEBRANT, each consuming a whole cake and a draught from the common cup. They should draw the triangles and declare: "Mine is the descending tongue of grace. Mine is the ascending tongue of prayer." And then in the proper posture, pronouncing: "I am clothed with the body of flesh; I am one with the Eternal and Omnipotent God."*

CELEBRANT *sits during the communion of the RESPONDENTS; and then returns to the altar, to drain any remainder in the cup, including what may be present of the particle of the first cake; and then inverts the cup.*

CELEBRANT: It is finished.

(John XIX:30)

CELEBRANT *covers the cup, and replaces it.*

CELEBRANT *stands with hands raised, palms forward (as before), and then clasps hands together overhead, fingers interlaced.*

CELEBRANT: As the Law of Liberty is ours,
May our Minds be open unto the Light!
May our Hearts be centers of Love!
May our Bodies be Temples of Life!²

ALL: So mote it be.

All depart.

² Alternately, if celebrated alone, "is mine...May my Mind...May my Heart be a centre...May my Body be a Temple...."